

PARENT NEWSLETTER

June 1, 2018



SMART Ready for School.
BEGINNINGS Ready for Life.
Greater Roanoke

Summer Fun

Background knowledge is what your child knows about a subject. You don't need to have a book in hand to help your child become a better reader. Interesting experiences give kids a broader framework for new information they might find in books. When kids have lots of experiences to draw on, they have a better chance of making a connection with what they read!

Take summer field trips

Go to the park, the zoo, the aquarium, a sports event, a historical landmark, or a children's museum. Go on a hike or to a natural attraction in your area. When you're indoors, watch a TV program about volcanoes or the rainforest or marsupials, or use the web to take a virtual field trip to a faraway place.

Talk about it

Talk about the plants and animals you see, or the rules of a game, or the history of your town, or the new things you learned.

Ask questions that get your child to talk, like "If you could be one of those animals we saw today, which one would you be?" or "Why do you think those boulders were shaped like that?"

Follow up with a book

Find out what interests your child, and visit the library to get more information. Check out books about butterflies or basketball players or whatever caught your child's attention. Encourage their learning with comments like, "That was cool to see the inside of a computer at the museum today. Let's learn more about that."

You could even have your children create their own book, with photos or illustrations of your activity and their own commentary. This is great writing practice and makes a wonderful summer memory book.

Building background knowledge isn't just fun, it's also a great way to spend your summer! For more ideas to help kids learn over the summer, visit:
www.StartWithABook.org

JUNE SAFETY

HEATSTROKE - Hard Facts!

On average, every 10 days a child dies from heatstroke in a vehicle. In more than half of these deaths, the caregiver forgot the child was in the car.

A car can heat up 19 degrees in just 10 minutes. And cracking a window doesn't help.

Young children are particularly at risk, as their bodies heat up three to five times faster than an adult's.

Top Tips for Preventing Heatstroke

Reduce the number of deaths from heatstroke by remembering to ACT.

Avoid heatstroke-related injury and death by never leaving your child alone in a car, not even for a minute. Always lock your doors and trunks – even in your driveway. And keep your keys and key fobs out of the reach of kids.

Create reminders by putting something in the back of your car next to your child such as a briefcase, a purse or a cell phone that is needed at your final destination. This is especially important if you're not following your normal routine.

Take action. If you see a child alone in a car, call 911. Emergency personnel want you to call. They are trained to respond to these situations. One call could save a life.

IN THE COMMUNITY

Check out the list of events for the month of February:

Kids Make Art

June 2 1:00 - 3:00
Richard Wetherrill Visual
Arts Center Sculpture
Studio
FREE

City Market Saturdays

June 2, 11:00 - 2:00
Downtown Roanoke
Market Square
FREE

Movies in the Market

June 8, 6:00pm
Jumanji (2017)
FREE

Library on the Lawn

June 9, 10:00 - 12:00
Salem Public Library
Stories, crafts, games, more!
FREE

Grandin Theatre Kids' Matinee!

June 16, 10:00
Scooby Doo, Where are
you?
FREE

Shake, Bake, & Sprout

June 30, 11:00 - 1:00
Vinton Farmers' Market
Gardening, cooking, &
FUN for all children
FREE

RESOURCES

SAFE KIDS WORLDWIDE™



Launching young readers!

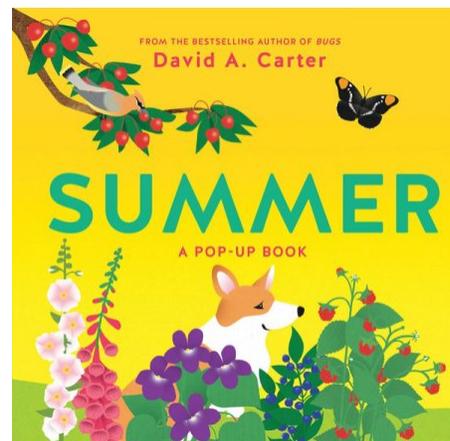
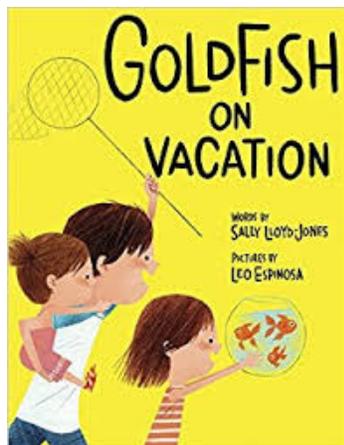
Reading Rockets

United Way



United Way of Roanoke Valley

SUGGESTED READING



DID YOU KNOW?

Our website is full of great resources including developmental milestones, links to parenting classes, and tips and activities to engage you and your child! Don't forget to look us up on Facebook too!

<https://www.facebook.com/smartbeginningsroanoke>

Check your child's development using the Ages & Stages

Questionnaire <https://www.asqonline.com/family/f51923>

or Ages and Stages Social and Emotional Questionnaire

<https://www.asqonline.com/family/d37cba>



Smart Beginnings Greater Roanoke

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