

DID YOU KNOW ?

- **65%** of youth served through the Comprehensive Services Act have been diagnosed with a destabilizing mental health disorder
- **476** babies are born to teenagers in the region each year
- **20%** of adults age 20 and above in the Roanoke Valley are considered obese
- **15%** of adults under age 65 are uninsured and don't have access to regular, preventive health care

That's why United Way is investing in HEALTH strategies that help individuals become healthy productive members of the community...

- Pursue and promote healthy living and lifestyle
- Provide access to affordable healthcare services
- Provide crisis and intervention services needed for health and wellness

Your United Way dollars at work:

- **1,240** children received healthcare services essential to their healthy growth and development
- **1,957** older adults received assistance to improve their quality of life, allowing them to live independently in their homes for another year
- **2,412** individuals received counseling and therapy which has helped them better function at school, home and work
- **79,492** prescriptions were filled through FamilyWize cards, helping for the uninsured access medicine to stay healthy



WORK IN PROGRESS

HEALTH



"I was diagnosed with a fatal heart condition while working for a company that didn't provide health care coverage. After the surgery, I suffered a post-operative stroke and lost the ability to speak, hear and walk. My treatment and recovery involved several non-profit agencies throughout the Roanoke Valley. When I learned that the common link behind those agencies that helped me was United Way, I was floored. Without health, we don't have anything and United Way recognizes that. I LIVE UNITED by encouraging others, especially children, to live healthy lives and make good health decisions for their future. "

- Nathan Cochran